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MAY 2022 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road
 Register online at secure.rec1.com/ME/auburn-me/catalog
 or call the Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
■ = Auburn Recreation Program				♦ = Age-Friendly Committee Event ⌘ = 1 st Auburn Senior Citizens Meeting φ = New Auburn Seniors Meeting ◆ = Robin Dow Meeting		
1	2 φ = New Auburn Seniors Meeting ■ Yoga with Emma	3 ■ Market Basket Shuttle leave time 9:00am	4 ⌘ = 1 st Auburn Senior Citizens Meeting	5 ■ Chair Yoga ■ Adult Craft Night ■ Square Dance Demo – Try for FREE! (HASTY)	6 ■ Michaels / Christmas Tree Shops / Olive Garden leave time 9:00am	7
8	9 φ = New Auburn Seniors Meeting ■ Yoga with Emma	10 ■ Hike ■ Home Activity Kits ♦ = Age-Friendly Committee Meeting	11 ◆ = Robin Dow Meeting	12 ■ Boothbay Botanical Gardens Trip(s) 8:30am leave time ■ Chair Yoga ■ Adult Craft Night ■ Social Square Dancing	13 ■ Drop In Day 9am ■ Lawn Games ■ Tech Talk	14
15	16 φ = New Auburn Seniors Meeting ■ Yoga with Emma	17 ♦ = Age-Friendly Lunch & Learn 11am ♦ = Age-Friendly Movie at 1pm	18 ⌘ = 1 st Auburn Senior Citizens Meeting	19 ■ Sunflower Farm Goat Trip 12:00 pm leave ■ Chair Yoga ■ Adult Craft Night ■ Social Square Dancing	20 ■ Horizons Music: Music Exploration with Maine Music + Health leave time 9:45am	21
22	23 φ = New Auburn Seniors Meeting ■ Yoga with Emma	24 ■ Hike ■ Home Activity Kits	25 ◆ = Robin Dow Meeting	26 ■ Bowling Trip leave time 9:45am. Meet up 10am. ■ Chair Yoga ■ Adult Craft Night ■ Social Square Dancing	27 ■ McLaughlin Garden Lilacs leave time 10:30 ■ Drop In Day 9am ■ Book Club	28
29	30 HOLIDAY - No Recreation Programs	31 ■ Tabers Golf and Ice Cream Meet up 10am				

Fitness

Stay active with Auburn Recreation!

- Pickleball – Hasty Community Center 8:30am-12pm \$2Res/\$3Non-Res (drop-in) Every Tuesday and Thursday
- Ingersoll Walking – Ingersoll Turf 9am-10am (drop-in) Every Tuesday and Thursday

Date	Time	Cost	Description
Monday, May 2	9:00 AM – 3:00 PM	\$5.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Monday, May 2	6:00 PM – 7:00 PM	\$10 \$12 non-residents	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, May 3	9:00 AM – 12:00 PM	\$3 \$5 non-residents	Market Basket Shuttle in Westbrook We all need to do some grocery shopping at some point so why not head down with us? This will be a monthly trip down to Westbrook to Market Basket to do some grocery shopping. However, there are a few other stores that are in the same parking lot as Market Basket. So, feel free to go to Chick-fil-A (they serve breakfast meals until 10:30am), The Paper Store (a Hallmark Company Store) and even REI Co-op (an outdoor sports store). We will have roughly two hours each trip down there to go to any and all of the stores. Pre-registration is required. Minimum 6/Maximum 14. Price includes transportation only.
Wednesday, May 4	9:00 AM – 3:00 PM	\$5.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon.
Thursday, May 5	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session: May 5, 12, 19 & 26
Thursday, May 5	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us every Thursday night where there will be plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Thursday, May 5	6:30 PM – 9:00 PM	Free	Social Square Dancing try it Night - (SSD) is an excellent activity for people of all ages, requires no special skills, except walking at brisk pace and knowing left from right. Come try it at no cost. If you like it, register for the upcoming summer session. Location is in the Hasty Community Center.
Friday, May 6	9:00 AM – 2:00 PM	\$5 \$7 non-residents	Michaels / Christmas tree Shops / Olive Garden in Augusta. Let's see what kind of Spring surprises we can find at these two great home and craft stores! You will have about an hour at each location. Once we have worked up an appetite, we will head over to Olive Garden for a delicious Italian meal with a great family atmosphere. Pre-registration is required. Minimum 6/Maximum 14. Price includes transportation Only.
Monday, May 9	9:00 AM – 3:00 PM	\$5.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Monday, May 9	6:00 PM – 7:00 PM	\$10 \$12 non-residents	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, May 10	9:00 AM	\$3 \$5 non-residents	Hike – Morse Mountain, Phippsburg. Explore our local hiking locations. Minibus Transportation \$3.00/resident; \$5.00 non-resident OR meet at location for free. Pre-registration required. Minimum 6/Maximum 14.
Tuesday, May 10	12:00 PM - 2:00 PM	Free	Mason Jar Planter Activity Kits - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required.
Tuesday, May 10	6:00 PM – 7:00 PM	N/A	Age-Friendly Community Committee Meeting

Wednesday, May 11	11:00 AM	\$10 annual dues	Robin Dow Seniors - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Thursday, May 12	8:30 AM – 4:00 PM	\$22 \$24 non-residents	Maine Botanical Gardens Trip and Lunch at Taste of Maine in Woolwich. Come tiptoe through the tulips at the Maine Botanical Gardens! This year, we will take a 2-hour self-guided tour around to gardens taking in the many bulb blooms, visiting the butterfly garden, and searching for the Guardians of the Seeds. When we have finished our time in the gardens, we will regroup and have lunch at The Taste of Maine in Woolwich. Pre-registration is required. Minimum 6/Maximum 14. Price includes transportation Only.
Thursday, May 12	8:30 AM – 4:00 PM	\$22 \$24 non-residents	Full Day at the Maine Botanical Gardens Trip / Hike. Come tiptoe through the tulips at the Maine Botanical Gardens! This year, we will take a 2-hour self-guided tour around to gardens taking in the many bulb blooms, visiting the butterfly garden, and searching for the Guardians of the Seeds. Pack your lunch or plan to purchase something at the café on site for lunch. Pre-registration is required. Minimum 6/Maximum 14 Price includes transportation Only.
Thursday, May 12	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session: May 5, 12, 19 & 26
Thursday, May 12	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us every Thursday night where there will be plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Thursday, May 12	6:30 PM – 9:00 PM	12 Weeks \$60 \$70 non-residents	Social Square Dancing Social Square Dancing (SSD) : is an excellent activity for people of all ages, requires no special skills, except walking at brisk pace and knowing left from right. Experienced dancers join each night to help new dancers learn the moves. Upon completion of the class, dancers will have the skill and knowledge to participate in dances around the state put on by one of the 10 square dance clubs. Dancers completing the SSD course may also continue learn new variations of the calls they have learned and/or new calls in a more advanced program. 90 minutes of square dancing will net you 6000 to 9000 steps! All the while, laughing and making new friends. There is no other exercise program this fun! The first SSD class will be 12 weeks, starting Thursday, May 12, ending August 11 (no class June 30 or July 21), 6:30-8:00. Extended lessons (for graduates of the SSD program) will be 8:00-9:00. Pay as you go or pay ahead and save: \$60 for full class or \$6 a night (non-residents \$70/\$7). Children free when accompanied by a participating parent or guardian. *** Located in Hasty Community Center *** Cost for 12-week session: \$60 for Auburn Residents, \$70 for Non-Residents Cost for Drop-ins: \$6 for Auburn Residents, \$7 for Non-Residents
Friday, May 13	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. Lawn Games will be set up outside, weather permitting.
Friday, May 13	10:00 AM – 11:00 AM	Free	Tech Talk Friday – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Donna, Adult Services Manager at the Auburn Public Library. Pre-registration helpful.
Monday, May 16	9:00 AM – 3:00 PM	\$5.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Monday, May 16	6:00 PM – 7:00 PM	\$10 \$12 non-residents	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, May 17	11:00 AM – 12:30 PM	Free	Age-Friendly and Alzheimer's Association Lunch and Learn – Enjoy a ham Italian, chips & drink while learning about the difference between normal aging, Alzheimer's and dementia. Call 333-6601 x2108 for details. Pre-registration is required. Maximum 40.

Tuesday, May 17	1:00 PM – 3:00 PM	Free	Age-Friendly Movie. Veteran comedy writer Charlie Burnz forms an unlikely yet hilarious and touching friendship with New York lounge singer Emma Payge. Emma unexpectedly wins a lunch with the comedy legend, but their relationship gets off to an extremely rocky start. Before long, each finds in the other a sort of soulmate, forging a deep bond that kicks the generation gap aside and redefines the meaning of friendship, love and trust.. Call 333-6601 x2108 for details. Rated PG-13 Pre-registration is helpful. Free popcorn!
Wednesday, May 18	9:00 AM – 3:00 PM	\$5.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon.
Thursday, May 19	12:15 PM – 3:30 PM	\$12 \$15 non-residents	Sunflower Farm Creamery Trip in Cumberland. Who doesn't love baby goats? That's right, baby goats. It is that time of year and we will get to spend about an hour petting and playing with the baby goats, take a walk in the pasture and just enjoy the afternoon. Then on our way home, how about a stop at Hodgmans Frozen Custard in New Gloucester. Pre-registration is required. Minimum 6/Maximum 14. Price includes transportation only.
Thursday, May 19	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session: May 5, 12, 19 & 26
Thursday, May 19	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us every Thursday night where there will be plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Thursday, May 19	6:30 PM – 9:00 PM	12 Weeks \$60 \$70 non-residents	Social Square Dancing Social Square Dancing (SSD) : is an excellent activity for people of all ages, requires no special skills, except walking at brisk pace and knowing left from right. Experienced dancers join each night to help new dancers learn the moves. Upon completion of the class, dancers will have the skill and knowledge to participate in dances around the state put on by one of the 10 square dance clubs. Dancers completing the SSD course may also continue learn new variations of the calls they have learned and/or new calls in a more advanced program. 90 minutes of square dancing will net you 6000 to 9000 steps! All the while, laughing and making new friends. There is no other exercise program this fun! The first SSD class will be 12 weeks, starting Thursday, May 12, ending August 11 (no class June 30 or July 21), 6:30-8:00. Extended lessons (for graduates of the SSD program) will be 8:00-9:00. Pay as you go or pay ahead and save: \$60 for full class or \$6 a night (non-residents \$70/\$7). Children free when accompanied by a participating parent or guardian. *** Located in Hasty Community Center *** Cost for 12-week session: \$60 for Auburn Residents, \$70 for Non-Residents Cost for Drop-ins: \$6 for Auburn Residents, \$7 for Non-Residents
Friday, May 20	9:45 AM – 12:30 PM	\$3 \$5 non-residents	Horizons Music: Music Exploration with Maine Music + Health in Brunswick. - An interactive music exploration with Kate Beever of Maine Music + Health. We will, play, sing, and collaborate in a fun and inclusive program open to all ages and abilities. Pre-registration is required. Minimum 6/Maximum 14. Price includes transportation only. Program Schedule: Music starts at 10:30: 10:30-11:30: Music Exploration Program 11:30-12:00: Open Mic / Singalong
Monday, May 23	9:00 AM – 3:00 PM	\$5.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Monday, May 23	6:00 PM – 7:00 PM	\$10 \$12 non-residents	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, May 24	9:00 AM	\$3 \$5 non-residents	Hike- Viles Arboretum, Augusta. Explore our local hiking locations. Mini Bus Transportation \$3.00/resident; \$5.00 non-resident OR meet at location for free. Pre-registration required. Minimum 6/Maximum 14.
Tuesday, May 24	12:00 PM - 2:00 PM	Free	Ceramic Flower Bowl Craft Activity Kits - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required.

Wednesday, May 25	11:00 AM	\$10 annual dues	Robin Dow Seniors - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Thursday, May 26	9:45 AM –	\$2 shuttle \$2.00 per game/shoes included	Just-In-Time Recreation Bowling Trip in Lewiston Let's go bowling! You can take the bus from the Auburn Senior Community Center OR meet up there. Once at the bowling alley, games will be \$2.00 each / shoe rental included. If you plan on taking the bus we will leave at 9:45 AM Return time based on when people are done bowling. Pre-registration is required. Minimum 6/Maximum 14. Cost: \$2.00 transportation fee (bowling, extra \$2.00 per game, includes shoe rental) *** 10-pin and candlepin ***
Thursday, May 26	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session: May 5, 12, 19 & 26
Thursday, May 26	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us every Thursday night where there will be plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Thursday, May 26	6:30 PM – 9:00 PM	12 Weeks \$60 \$70 non-residents	Social Square Dancing Social Square Dancing (SSD) : is an excellent activity for people of all ages, requires no special skills, except walking at brisk pace and knowing left from right. Experienced dancers join each night to help new dancers learn the moves. Upon completion of the class, dancers will have the skill and knowledge to participate in dances around the state put on by one of the 10 square dance clubs. Dancers completing the SSD course may also continue learn new variations of the calls they have learned and/or new calls in a more advanced program. 90 minutes of square dancing will net you 6000 to 9000 steps! All the while, laughing and making new friends. There is no other exercise program this fun! The first SSD class will be 12 weeks, starting Thursday, May 12, ending August 11 (no class June 30 or July 21), 6:30-8:00. Extended lessons (for graduates of the SSD program) will be 8:00-9:00. Pay as you go or pay ahead and save: \$60 for full class or \$6 a night (non-residents \$70/\$7). Children free when accompanied by a participating parent or guardian. *** Located in Hasty Community Center *** Cost for 12-week session: \$60 for Auburn Residents, \$70 for Non-Residents Cost for Drop-ins: \$6 for Auburn Residents, \$7 for Non-Residents
Friday, May 27	10:30 AM – 1:30 PM	\$8 \$12 non-residents	McLaughlin Garden Lilac Festival in South Paris- Take a guided lilac care garden tour offered daily at 11:30am, watch demonstrations and participate in activities, find lilac themed gifts in our gift shop and take home a plant from our plant sale. Enjoy musical entertainment and the glorious sight and smell of our over 200 tree lilac collection. Pre-registration is required. Minimum 6/Maximum 28. Price includes transportation only.
Friday, May 27	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, May 27	10:00 AM – 11:00 AM	Free	Seniors & APL Connect: A Reading & Discussion Group- The ASCC, in partnership with the Auburn Public Library, is pleased to announce a reading and discussion book group. This group will meet monthly at the Auburn Senior Community Center, on the fourth Friday of each month, from 10:00-11:00 a.m. Our first meeting on May 28, will be organizational in nature, getting to know one another and discussing various genres in an effort to select our first book. Questions? Contact Jamie and Jody at the Auburn Senior Community Center or Donna at the Auburn Public Library – 207-333-6640, ext. 4, or via email at dwallace@auburnpubliclibrary.org .
Friday, May 27	10:00 AM – 1:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. Lawn Games will be set up outside, weather permitting.
Tuesday, May 31	10:00 AM MEET UP	\$8	Tabers Mini Golf and Ice Cream in Auburn- lay a round of mini golf with your friends with a view of Lake Auburn and have a small ice cream after. No experience necessary, just bring your sense of humor and a smile. This trip we will all MEET at Tabers, there will be no bus transportation. Pre-registration is required. Maximum 28. Includes one round of golf and a small ice cream. No transportation provided.